

AUSTSWIM TEACHERS STAY UPSKILLED FOR LIFE LICENCED TO TEACH



AUSTSWIM PRESENTS

Aquatic Education Hong Kong Professional Development Workshop

Junior Squad Stream: Individual Medley Turns, Diving Development and Turns
Learn to Swim Stream: Time on Task / Learning Styles / A Child's World

DATE: Saturday March 16, 2019

VENUE: Chinese International School – Hong Kong
(1 Hau Yuen Path, Braemar Hill, Hong Kong)

COST: 690HKD

TIME: Registration 1:15pm

Session 1 - 1:30pm – 2:15pm

Session 2 - 2:15pm – 3:00pm

Session 3 - 3:00pm – 3:45pm

Networking opportunity - 4:00pm – 6:00pm



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Aquatic Education Hong Kong |

Professional
development hours:

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Aquatic Education Hong Kong Professional Development Workshop



REGISTRATION

1:15PM – 1:30PM

SESSION 1

1:30PM – 2:15PM

TIME ON TASK

- Nick Folley

If you're taking students one at a time for an activity, have you ever stopped and considered how much time is actually spent 'waiting' during a lesson?

Join Nick as he workshops some strategies to maximise time on task, engaging group teaching activities, ideas on how to create a positive assessment environment, and ways to keep your swimmers moving.

Nick will share with you some out of the box concepts covering teacher placement, class formation and skill modifications.

INDIVIDUAL MEDLEY TURNS

- John Yiu

John will take you through the basics of each of the IM turns that are required for legal racing techniques.

Paying particular attention to the 'ever-changing' Backstroke to Breaststroke turn technique.

Good refresher for those who work with junior squads or LTS teachers interested in expanding their knowledge.

SESSION 2

2:15PM – 3:00PM

YOU TALK, THEY LISTEN & LEARN...RIGHT?

- Marcelle Renforth- Frederick

Everyone learns differently
Workshop different learning styles and how to work with several learner types in one class.

Uncover your own learning style and become aware of how this can assist you when teaching others.

As a teacher, understanding different learning styles will enable you to modify your teaching techniques in a way that will enhance and improve learning outcomes.

DIVING DEVELOPMENT

- John Yiu & Max Michael

John and Max will provide a complete walkthrough of competitive dives including the Do's and Don'ts of competitive racing dives.

Offering an insight into gaining more flight and faster reaction times with dives and will show you some easy land-based drills you can use.

SESSION 3

3:00PM – 3:45PM

A CHILD'S WORLD

- Janet Humphris

We all know teaching a 3 yr old is different to teaching a 7 yr old but how do we immerse ourselves into the way each of them see their world.

Janet will share her insight on teaching different age groups and offer tips and tricks to getting the best out of every student at any age.

KICKBOARDS

- Nick Folley

One of the most common pieces of equipment around any pool is the kickboard. Used multiple times a day across a wide range of levels it is one of the most versatile aids we use as swimmers and teachers.

Are we getting the most out of it or could we achieve better results with a rethink of HOW and WHEN we use the common kickboard? Nick will take a fresh look at why boards are used in lessons and how they are most commonly used for drills and skills. With small tweaks we can make progressions easier for students to develop more natural movements and minimise bad habits.

NETWORKING OPPORTUNITY

4:00PM – 6:00PM

Join our presenters and fellow workshop attendees for a relaxed chat & drink to expand your network of likeminded colleagues.