

# AUSTSWIM Teacher of Towards Competitive Strokes (TCS)



- Duration:
  - 8 - 10 hours (Theory & Practical Presentation)
  
- Pre-requisites
  - Age 16 or above
  - Holding a TSW certificate / join TSW at the same term or
  - A reference letter from employing organization which verify a minimum of 30 hours on deck coaching evidence
  
- Content
  - 1. Towards competitive strokes
  - 2. Learning – make it work
  - 3. External influences and conditions
  - 4. Development of competitive strokes technique
  - 5. Instructional Styles
  
- Assessment
  - During the course:
    - 1. Continuous Aquatic Sequence.
    - 2. Demonstration of skills for teaching purposes
    - 3. Lesson Planning
  - Completed after attending course:
    - 1. On-line theory assessment
    - 2. Practical Observation hours
    - 3. Show evidence of holding a current Cardio Pulmonary Resuscitation (CPR) award.
    - 4. Teacher Declaration (completed on-line with theory exam)
    - 5. Submit photo for AUSTSWIM Teacher Licence™.

(\*All assessment components must be satisfactorily completed within 12 months of the course commencement date.)